



The Daymarker

OCCOQUAN YACHT CLUB

P.O. Box 469, Occoquan, VA 22125

www.OccoquanYachtClub.org

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COMMODORE'S COMMENTS

Jim Dooley

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OCTOBER HERE WE COME!

Send Summer Down Under! Oct 11-14, is just around the corner! As OYC Host, we still need volunteers to support the event by attending and signing up to help at various functions such as providing transportation, providing side dishes for planned meals, assisting with docking, games, etc....

Please contact Pat Schondel

pat.schondel@boeing.com or VC Bennett at vicecommodore@occoquanyachtclub.org to volunteer.

Next UP!! - General Membership Meeting and Chili Cook-Off at Fairfax Yacht Club, Saturday, October 26 from 2 ~ 4 pm.

This is the annual election meeting at which we select officers for the next year's Board. Our Immediate Past Commodore, Tom Plewes, has put together a fine slate of candidates to present to the membership for approval:

- Don Bennett, Commodore-elect
- Bud Bishop, Vice Commodore-elect
- Pat Schondel, Rear Commodore-elect
- Joe Livingston, Continuing as Treasurer
- Kathy Bergmann, Secretary-elect.

I will move to Immediate Past Commodore. Our staff members who have generously volunteered to serve are:

- Johnny DeDitius, Membership Chair
- Les Bergmann, Historian
- Monica Fineberg, Quartermaster
- Don Bennett, Webmaster
- Joe Livingston, PRYCA/CBYCA Delegate
- Anne Bennett, *Daymarker* Editor

The October General Membership Meeting is always a well-attended event. It is a great opportunity to regroup and share cruising stories as the boating season wanes. It offers long-time members a chance to get better acquainted with new members; and for new members, it's a good time to become more familiar with the club. And while the main purpose of the meeting is to conduct the business of formally approving the new Board for 2014, the main event of the day is the



Whether you show off your culinary skills or simply enjoy the fruits of the labor of others, the Chefs' Challenge is a gastronomic delight! Not only do you get the opportunity to vote, but you'll enjoy the great food and beverages, not to mention the prizes! So see you there, and thanks for your support!!

Jim Dooley, *Jus Chill~N*



Vice Commodore

Don Bennett

vicecommodore@occoquanyachtclub.org

The 2013 boating season has flown by. When this edition of the *Daymarker* is published we'll be recovering from Oktoberfest festivities (Why isn't it called *Septemberfest* since it's usually celebrated in September?) and looking forward to the Boat Show season. As you'll be reminded several times because we don't want you to miss out, the two main events this month are the End of Summer Cruise from 11 to 14 October and the Election Meeting on the 26th. We also have Hardy Souls in November.

The Change of Watch Party is scheduled for the 7th December 2013 at Laurel Hill Country Club. The committee is hard at work; official notices and invites will be forthcoming; so now is the time to mark your calendar and dust off your fancy duds and dancing shoes. It's a fun-filled celebration of boating, volunteer service and friendship. If you have any questions, please contact me, and I will ask Anne.

As those who attended the ShrimpFest are aware, sadly we must say goodbye to a few members of our family who I'd like to recognize for selflessly giving of their time and efforts for the benefit of our club and its members... John and Rebecca Heinze as they head to Oklahoma and Eric and Carol Belcher on their way to Tennessee. According to our records, John and Rebecca have been members since 2003 and Eric and Carol since 2007.



John and Rebecca were Quartermasters in 2004, and John was Rear Commodore from 2009 to 2012. Under John's watch he was the mastermind behind the various land events. John has all of the recipes in his head for meals such as the shrimp boil, as well as everything needed to support the occasions. In addition, he and Harry Croft rebuilt the storage shed. We'll also miss John's great docking skills exhibited on the *Great Escape*. Both John and Rebecca are recipients of the Commodore's Cup. Rebecca, a singer in her own right and tireless volunteer, will go down in history as providing us with the now-famous (infamous?) "No-Wake Signal".



Jill Stanley provided a great bio for Eric and Carol in the December 2012 issue that I cannot do justice to here. Carol was an editor of the *Daymarker* between 2008 and 2011 and Secretary in 2013. She has been a great force in our following Parliamentary Procedures as well as capturing all the rambling conversations during the meetings. Her *Daymarker* articles have never failed to enlighten us about some fun, interesting topic. She will be a tough act to follow. Eric, though Army, is an able-bodied seaman and always warm, friendly and, as Carol put it, calmly competent. He's lent great support without a moment's hesitation. They made us very welcome on Time2Play and will be missed.

Both families have given so much to OYC over the years; and we owe them a debt of gratitude for their time on the Board as well as their work as cruise coordinators and tireless service to the Club, and therefore all of us. Most of all, we will miss their cheerful, smiling faces and wish them the best in their new endeavors.

Don Bennett, *Heart of the Sun*



Rear Commodore

Bud Bishop

rearcommodore@occoquanyachtclub.org

"The end is near! The end is near!" ... yes, it is time to Send Summer Down Under. Bundle up, buy oil to refresh those workhorses under your decks, and generally prepare for a slight downturn in boating activities as we head into our final few cruise events! Before we discuss the upcoming parties(!), I'd like to thank all of you for coming to the Shimpfest (or thinking/wishing you could be there if you had other priorities that prevented you from coming). It was by far the biggest turnout I've seen, and Joe Hoffmaster made it even better by opening up his sales patio and providing a half keg of beer for us. Thank you, Joe! Special thanks to Joe Livingston for getting the area ready, Gail Livingston for helping prepare the tables, Johnny Deditius and the Bennetts for lending some extra hands getting ready and for cooking...made an easy job much easier! Special thanks to Jim Dooley for his pot and to Jim and Don for their propane tanks; and last but not least, to Heidi for all her hard work!

Old Bay has a great recipe that is interactive on food.com. I provide it below for anyone wishing to duplicate that great meal we had:
Serves 48 (or, in our case, 60 with leftovers for another 12):

- 3 cups old bay seasoning
- 12 tablespoons salt
- 24 quarts of water
- 6 cans of beer (12 oz., not 48 like the ones Pat S. carries around)
- 48 medium red potatoes (20-25 lbs...we bought 40 lbs, used only 30 lbs, and still thought that there were too many)
- 12 large Vidalia onions cut into wedges
- 12 lbs smoked sausage (we bought 3 lbs of hot/spicy and 9 lbs of kilbasa)
- 48 ears frozen corn on the cob (three inch)
- 24 lbs shrimp (recipe says shells on, but we chose raw/cleaned, and they were great!)

Directions: Bring water, old bay, salt, and beer to a boil (make sure the pot is only half full...use two if necessary...or three). Add potatoes and onions and boil to cook on high for 8 minutes. Add smoked sausage and continue trying to achieve boiling for 5 more minutes. Add corn and keep cooking on high for 7 minutes. Then add shrimp and cook on high for 4 minutes. With all the food in the pot, the shrimp will likely sit on top and not touch water...that's okay as long as you have a cover on the pot. They will cook fine in the steam! Drain the food and sprinkle old bay on the food when it is served. Finish it off with Mom's Apple Pies from Ocoquan (fresh, hot...thought I was in heaven driving them over to Hoffmaster's).

Upcoming OCTOBER events:

- 🚢 Annapolis Powerboat Show OCT 4-6
- 🚢 PRYCA End of Summer Cruise ("Send Summer Down Under" hosted by none other than us at Belmont Bay) OCT 11-14

The OYC General Membership Meeting ELECTIONS! and

26 OCTOBER Fairfax Yacht Club

TIME: 1400-1600 (2:00-4:00)



NO COST

CHILI COOK-OFF meeting and RULES:

Bring your own special chilli for all to sample, a **small** side dish, and your own adult beverage. The Chili must be named, but cannot include any association with the person providing it (ie, Steve Preda can't name his chili "Anamchili" as his boat name is "Anamchara"... it needs to be anonymous). We will then have all attendees taste each chili and rate it 1-5 for HEAT, CONSISTENCY, CHILI-RESEMBLANCE, FLAVOR, and rank them, 1 for least, 5 for best. The RANK score will be multiplied by 3 to give it extra weight. Highest scores win OYC Gift

Certificates! \$25 first place, \$20 second place, \$10 third place plus associated bragging rights. The Chili to beat from last year belonged to Steve Preda! Go get 'em!

Expect me to enter my super extravagant chili, Bud's Survival Chili, fresh out of the Campbell's can (Don, is that cheating?)...

Bud Bishop, *Hi-Jinx₂*



Secretary

Carol Belcher

secretary@occoquanyachtclub.org

CORINTHIAN YACHT CLUB CRUISE

Seven boats set out on Friday 29 August, heading for OYC's Labor Day Cruise: Corinthian Yacht Club at Ridge, MD. Joining Eric and me (Time2Play) were John and Michelle DeDitius (Liquid Leisure), Don and Anne Bennett (Heart of the Sun), Scott and Linda Del Monte (ScottLin Yard), Jim and Pam Poulos (Beach House), Bud and Heidi Bishop (Hi Jinx₂) and Kevin and Pam Bell (Déjà Vu). Scott and Linda arrived first in late morning, followed about one hour later by Don and Anne, and Eric and me. The remainder of the group trickled in over the afternoon and early evening. Paula Hajos, Corinthian's Commodore, was on the docks along with the Acting Measurer, Chuck O'Brian, to help guide us into our slips. We had two groups of land cruisers join



Eric waiting to assist boats into their slips on Friday

us: fellow OYC-ers John and Rebecca Heinz (currently boat-less) and friends of the Bennetts, Carole and Rich Ellison. The land cruisers enjoyed the wonderful guest quarters on the second floor of Corinthian Yacht Club's clubhouse. Jim and Judy Dooley joined us Saturday evening aboard their boat (Jus Chill~N). Unfortunately, they had to depart Sunday as Jim's work schedule didn't permit them to stay longer.

On Friday night, Eric and I hosted our group with grilled chicken wings, Texas caviar and roast corn. The group had fun relaxing at the picnic tables while sharing boating sagas. We were incredibly fortunate to have a beautiful weekend with low-to-no humidity and clear skies. We enjoyed spending time with the great people at Corinthian Yacht Club; everyone at the club was

happy to see us and wanted to make sure that each of us had a great time. We OYC-ers certainly lived up to that!

On Saturday we had a day of individual activities with many club members heading off to cycle, walk dogs and kayak. A celebratory mimosa was available on the deck of Time2Play for all to enjoy on Saturday and Sunday mornings, if they were so inclined. Most importantly, everyone had fun. On Saturday evening, CYC coordinated the much-anticipated pot-luck dinner that we enjoy every year we go to Corinthian Yacht Club. Such a great selection of wonderful food was turned into a great spread...yum! After dinner we had the opportunity to gather around the pool and listen to singer David Norris, whose musical style is similar to that of Gordon Lightfoot. What a fun evening!

Sunday offered the same delights as Saturday—blue cloudless sky and very little humidity. In the afternoon, we headed over to Slack Tide Winery which is co-located with Woodlawn B&B in nearby Ridge, MD. Kevin and Pam and Eric and I got a special transportation arrangement both over to and back from the winery in the back of the owner's pickup truck. It provided the ultimate in southern MD rural experience! We laughed all the way. We had a great outdoor wine tasting of Slack wines. After several bottles were enjoyed, some of us (the Bells and the Belchers) bought a case of it to take home.



L to R: Carol, Pam, Kevin and Eric returning to the marina with their Slack Tide Winery' loot'

As weather threatened to come in on Monday morning, at the Sunday night poker draw we also discussed our communal boat breakfast. As a group, we decided to forgo the fun of the breakfast in return for an earlier departure, in case the weather did close in. Then we settled into the final draw for the poker prize that night which was won in an exciting poker hand by Pam Poulos. The prize was a \$50 West Marine card provided by Eric and me.

On Monday morning, Eric and I pulled away early after Scott and Linda Del Monte (ScottLin Yard) to get fuel at Coles Point Marina. Heading home, we had great weather and smooth water.

On that note, I like to say thanks to all OYC members for supporting the club this year. Eric and I are leaving Virginia at the end of this month. This is my last Secretary's report, and I want to wish all of you great weather and smooth water as you travel on and around the Potomac.

Carol Belcher, *Time2Play*



Treasurer

Joe Livingston

treasurer@occoquanyachtclub.org

VAN ISLE 360 SAILBOAT RACE:
<http://www.vanisle360.com>

By Jay Livingston

"Yes, I would love to spend 14 days on a 37-foot boat with 7 other sailors and one head." was my email response to an invitation to join the Vancouver Sailing Club's campaign to race in the Van Isle 360 sailboat race around Vancouver Island in British Columbia this past June 8th to the 22nd.

The race would consist 580 miles in 10 legs that would circumnavigate Vancouver Island through some of the world's most challenging waters, including 20-mile-per-hour currents through Seymour Narrows on the inside passage and the open Pacific Ocean on the outside passage. There were 4 legs with overnight passages, the longest of which was 42 hours in duration along with shorter day legs of 4 or 5 hour races.

After racing out of Nanaimo Harbor, the fleet proceeds north around Vancouver Island stopping at French Creek, Comox, Campbell River, Hardwicke Island, Telegraph Cove, Port Hardy, Ucluelet, Victoria and finishing back in Nanaimo.

This was a point-to-point race and, other than the start and finish lines, there are no specified routes. Basically, the rules are as follows: keep Vancouver Island to port and get to the next stop the fastest way you can.

Each leg is unique with a new adventure lurking around every corner. Strong currents and narrow passages mark the inside route: the notorious Nahwitti Bar, where fishing boat's windows can be permanently etched by

the sand churned up in the waves, and the infamous Brooks Peninsula, where weather stations are frequently blown over, tested the boats and crews to the max.

The boat I raced on was the *Clara ALLEGRO*, a 36.7-foot Beneteau First sailboat. The First 36.7 is a competitive One Design Racer with a full inventory of high wind sails down to a “drifter” low wind sail the size and weight of a queen size bed sheet. Designed by Farr Yacht Design, LTD. and inspired by the First 40.7, the First 36.7 is the most successful and prolific performance yacht of her size in the last 20 years. The First 36.7 is truly exhilarating on every point of sail. With over 400 boats worldwide, racing sailors of every experience level consider her as one of the most exciting new racers on the water.

The experienced crew was an eclectic mix of Canadians, Ukrainians, East Indian, a Romanian and an American – me. The positions on the boat consisted of the Captain generally at the helm, Carl Richardson. The Navigator, Steve, a business owner from Vancouver kept a level head in every situation. The Trimmers, Vadim and Igor, software engineers from the Ukraine. The trimmers control the headsail by releasing the sheets off of or “grinding” tightening the sheets on the winches. Running the “Pit” was David, a construction business owner from Yellowknife, a city located in the north central part of Canada on the Great Slave Lake (where the aurora borealis lights happen). The “Pit” is at the companionway of the boat to which all the sheets and halyards run. Michael, originally from Romania and a now real estate developer, ran the main sheet. The main sheet controls the angle of the mainsail to the wind and determines the boats “heel” and handling. Tim, a realtor who specializes in the sale and procurement of blueberry farms was our “Bow Man”. The “Bow Man” is in charge of the head sail changes, the spinnaker and most importantly “lookout” for our blind spot behind the big headsails for other boats and “big rocks”. I, the lone American, was the “Mast Man”. The “Mast Man” hoists and lowers all the sails from the halyards at the mast, changes the spinnaker pole when turning the boat while the spinnaker is up and most importantly distributes his weight to “balance the boat” i.e. sits on the high rail.

Last October I had taken an American Sailing Course (<http://asa.com>) with the Vancouver Sailing Club in Vancouver. I can't say enough about how much I have learned from the courses and how they have improved my confidence as a sailor. This course was “Advanced Coastal Cruising and Coastal Navigation.” Yes, navigating without a GPS only with a compass and charts. I was delighted when Carl, the proctor and owner of the Vancouver Sailing Club, reached out to me in January to invite me to be part of the crew for the Van Isle 360 sailboat race. Because I live in the desert and was unable to participate in the 3-race series leading up the Van Isle in the Strait of Juan de Fuca between Vancouver and Vancouver Island, I committed to

becoming certified in CPR and First Aid as the boats medical officer and to complete a Safety at Sea online course. I would recommend this course for anyone who participates in boating and found it very well presented. You can reference this course and many others at <http://www.nauticed.org>. I also committed to arriving early to deliver the boat to the start of the race 22 miles across the Strait of Juan de Fuca to Nanaimo harbor, 60.4 nautical miles north east of Victoria, and return it to Vancouver after the race.

The race consisted of boats from “big boats” like *Icon* to carbon fiber catamarans like *Dragon Fly*. *Icon* is a 65' custom carbon sled designed by Bob Perry and built by Marten Marine of New Zealand. *Icon* is based in Anacortes and is actively raced throughout the northwest. *Icon* typically competes in over 10 races each year, including such Northwest favorites as Southern Straits, Swiftsure, Van Isle 360 and Round the County. *Dragon Fly*, built and designed in 1987 in Australia as one man's dream of competing in the professional Formula 40 race circuit in Europe, is a pure racing machine. She was built partially out of the leftover bits and pieces from the America's Cup 12 Meter sailboat campaign. They used the old winches and sheet stoppers and even used the mast sections, double sleeved for cross beams. Unfortunately, the Formula 40 racing circuit collapsed before she could compete. The *Clara ALLEGRO* was in Division 3 of four between these two. For all the trials and tribulations of the 14-day race we ended up placing second in our division – sorry to say second to last out of 14 boats that is - and I would do it again in a heartbeat!



Clara Allegro Crew – Steve, David, Igor, Carl, Michael, Vadim and Jay from left to right.

* More pictures at the end of the electronic version of this issue...

Jay Livingston, Kealoha, this month on behalf of
Joe Livingston, Gail Lynn II

CRUISE NEWS

SEND SUMMER DOWN UNDER – Oct 11 – 14

***** Registration Deadline extended to OCT 5 *****

Good-bye Dog Days of Summer! Hello football and fall days of Autumn. We're inside 30 days to our 'Send Summer Down Under' End of Summer celebration. Send Summer Down Under happens on Columbus Day weekend, October 11 – 14, at Belmont Bay Harbor Marina on the Occoquan River. We at Occoquan Yacht Club have the honor of hosting the annual End of Summer event supported by the Potomac Region Yacht Club Association. So go on the OYC website and register for this cruise event and come join us to Send Summer Down Under to our Aussie mates. We'll have our main event Saturday night including barbecue, music and dancing. During the days on Saturday and Sunday we have plenty of choices for activities such as golf, walks through the Occoquan Nature Preserve, learning to paint while enjoying wine, shopping in Occoquan, and a mini-Olympics style round of outdoor games. Arrivals begin on Friday followed by Pizza Night. Breakfast is served Saturday, Sunday, and Monday mornings. Transportation is available to restaurants in the town of Occoquan for Sunday brunch or dinner. Check-out will be Monday by noon. Check out the flyer and registration form at the end of the email issue of this Daymarker for event details, sign up, and forward your form and fees to our Treasurer, Joe Livingston at the address provided on the form by OCT 5 (extended deadline).

The fun part of all this is that as the hosts we get to volunteer our time and energy to make this one heck of a 'rip snorter' as the Aussies would say. Please feel free to contact me or Vice Commodore, Don Bennett at vicecommodore@occoquanyachtclub.org and let us know you're availability and areas of interest. We have active committees organizing our efforts around meals, entertainment, docking, land transportation, the golf tournament, informational and educational classes, facilities and infrastructure, the Occoquan Nature Preserve, and the town of Occoquan. Thanks for your support throughout the planning process and we look forward to seeing everyone at the event!

Pat Schondel & Christie Raukar, *Rhumb Line*
pat.schondel@boeing.com

GENERAL MEETING / Elections & Chili Cook-Off!

Oct 26 at FYC. (Details: see Bud's article on p 2 this issue.)

Questions: rearcommodore@occoquanyachtclub.org
vicecommodore@occoquanyachtclub.org

HARDY SOULS CRUISE – Nov 8–11

Wow, can you believe we are already preparing for the Hardy Souls cruise to National Harbor? That's right, its time to start marking your calendars and blocking those dates for the coolest (pun intended) cruise of the season. This is the "Hardy Souls" cruise, so if you do not consider yourself a "Hardy Soul", stop reading now!

This is a very coveted cruise... there are already 17 boats

signed up. If you want to be considered, you MUST sign up immediately. Since National Harbour has very limited slip availability during this time of the season, we have to do this as a "first come, first served" basis. Because we have a list of boats that have already signed up, all future sign ups must be done by e-mail and will be added to the list in the order received. *** Regarding the 17 who have already signed up... you MUST re-confirm your intent to attend, otherwise you will be bumped from the list.

Please e-mail me at sdm1@comcast.net and include your boat name, LOA, beam, electrical requirements and how many will be in your party. And speaking of "Party" there will be adult conversation and beverages being passed around, so please take that into consideration when choosing your guests.

Itinerary

Friday November 8th

- Upon your arrival, stop by ScottLin Yard for your "Welcome to National Harbor belly-warming adult beverage".
- 6:00ish, Docktail Party; bring a dish to share if you care.

Saturday, November 9th

- 10ish, Dockside breakfast, BYOBreakfast
- 6:00 pm, Happy Hour
- 7:00 pm, Dinner @ TBD

Sunday, November 10th

- Brunch, time and place TBD

Monday, November 11th

- For those who choose to stay... Enjoy!
- This is a day Nationally recognized to honor all who have served in the United States Armed Forces, without whom our freedoms would not be possible.

For those of you who know National Harbour, there is a lot to choose from, morning till late into the night. *FYI, National Harbor does not have fuel. Looking forward to a great weekend! Your hosts,

Scott & Linda Del Monte, *ScottLin Yard*
sdm1@comcast.net 571-283-8447

ICW CRUISE TO FLORIDA – Early November

As it stands right now, we are planning on leaving Federal Point Yacht Club in Carolina Beach, NC, during the week of November 4th. This will allow anyone from Northern VA some time to get down to North Carolina for those who cannot move their boat south until November first. From Northern VA it should take about 4 to 5 days to get to Carolina Beach depending on the weather and the speed of your vessel.

The trip shouldn't take more than 7 days from Carolina Beach, weather permitting. As we head south we will go on the outside "Atlantic Ocean" on days that weather permits and on the ICW when the winds are up. We try to make at least 125 miles per day on the ICW and sometimes we can make as much as 200 miles when traveling in the ocean. Some of the ports of call are Georgetown SC, Charleston SC, Beaufort SC, St. Simons Island GA, St. Augustine FL, New Smyrna Beach FL, and Vero

Beach. We may stay overnight at some or all of the ports of call. It just depends on how well we do each day. Our final destination in Florida will be Loggerhead Marina in Stuart FL before heading to the Bahamas. Stuart is a great place to keep your boat for the winter, as it is very close to many boating opportunities in Florida.

Anyone wanting to join us on our journey south let me know and we'll coordinate with you to meet us at our marina in Carolina Beach NC. I can make arrangements to get you a slip. If you're interested in joining us please let me know as soon as possible. I can be reached at 703-929-4408 cell or tom.lensis@gmail.com.

Tom & Donna Lensis, *Copy Cat*
* * *

CHANGE OF WATCH / HOLIDAY PARTY – Dec 7

Don & Anne Bennett, *Heart of the Sun*
* * *

CREWS' NEWS

NATS vs MARLINS, Gangplank Marina – Sept 20-22

"Play Ball!" Well, sort of. We changed the (marina) venue this year and went to Gangplank. Bells, Bishops, Crouchs, Livingstons, Predas, and Willetts traveled by boat. Manninos traveled by car and Stanleys and Pat Croft provided moral support. We gathered at Predas' boat on Friday & Saturday nights, as well as a farewell brunch on Sunday - the life/party savers all weekend - thanks! On Friday we all drifted over to the Fish Market, ordered a variety of platters and then went over to CYC to consume the food and - drink! Saturday was lovely and lazy. Some boat work, some walks, and no shortage of beverages - do you think? Then around four-ish it sprinkled; then the rain got heavier; and toward the end of the evening it was a downright, downpour. Most of us though did walk over to the ballpark. Some stayed longer than others cuz they didn't call the game until pretty late. Aundrea and I did take our seats, ponchos donned, brew and peanuts at the ready, and watched the Jumbotron for about an hour (Pirates vs the Reds). Later I went to the POWYC party at Gangplank - an Oktoberfest - that was reminiscent of a M*A*S*H field operation complete with - yup, pouring rain. We'll try again next year if the interest is there? Oh, forgot to mention, on the trip up the Livingston's forced us to stop at ODBC. Honestly, they had a gun to my head!"

Mike Crouch, *Makia III*
* * *

LORE OF THE SEA

Mariners are a superstitious lot. Through the centuries countless superstitions were legitimized as time-honored traditions, often finding their way into the cultural lexicon of the mariner through shared and repeated experience. Red sky in the morning... If the moon had a single halo... Okay, these two *do* have some basis in fact, but I'm sure you've heard many others with questionable provenance. Just in case, here are a few you may have missed:

- When enjoying a drink on board, always offer Poseidon the first sip. Tip a bit overboard to satisfy his taste and garner his good will.
- Placing a trout's head in your mouth will cure you of whooping cough.
- Flags were originally lowered half way down the mast by the vanquished after battle so the victor's flag can be flown on top.
- A woman aboard is bad luck (especially if your wife catches you with her). A naked woman, however, will calm the seas (hence naked figureheads).
- A red-headed crew member is also bad luck, especially if he whistles.
- Bad luck will follow turning a hatch bottom up; breaking a mirror, and driving nails on Sunday.
- If a cat walks up to you, it's good luck, but if it retreats after approaching then bad luck will follow. If it sneezes, rain is sure to follow. A black cat is good luck.
- Don't whistle aboard ship, unless you are whistling up the wind, and don't throw stones into the sea, for it will anger the spirits and bring great waves and storms.

While lore and superstition have their basis in the idle mythology of seafarers some, through the frequency of their appearance and repetition have migrated to the larger cultural pool and though we may have lost sight of their maritime origins, they linger as a part of our linguistic tradition.

Nabil Dubraque, *High Cotton*
* * *



October

DATEMARKERS

BIRTHDAYS

Bob Wilcox 10/2
Jill Stanley 10/2
Carol Belcher 10/9
Caroline Lynn 10/19
Nancy Stegon 10/21
Peggy Johnson 10/24
Rebecca Heinze 10/31

ANNIVERSARIES

Joe & Sally Hoffmaster 10/1
Rick & Teresa Sorrenti 10/6
David & Jona Payne 10/11
Mike & Kari Langerman 10/11
Pat & Christie Schondel/Raukar 10/20
Joe & Kathy Derenda 10/22
Jay & Ellen Nix 10/30

Van Isle 360 Sailboat Race



Jay Livingston with the Clara Allegro in Telegraph Cove



Icon 65' Sloop



Dragon Fly – 40' Carbon Fiber Catamaran

SHRIMP FEST 2013



Bob Hill and Bud Bishop, our Master Shrimp Boiler



Our Expert Burger Flipper, Johnny DeDitus, with Karen Crouch



Tom Plewes helping Sherry Mannino



Mike Crouch and Dewey Mauldin



End of Summer – Send Summer Down Under

October 11 - 14, 2013

Hosted by Occoquan Yacht Club

Supported by PRYCA

Schedule of Events

Friday:

4:00pm – 6:00pm Registration packets available for pickup at Marina Office (*@ Pavilion after 6PM*)
6:00pm Pavilion open for Happy Hour and Pizza Dinner (*beer and wine for purchase*)

Saturday:

8:30am – 10:00am Continental Breakfast, Bloody Mary Bar and Mimosa Makings @ Pavilion

10:00am – 4:00pm Activities and Classes

- No Drama Docking
- Nature Walk / Guided Tour in Wildlife Preserve
- Painting Lessons and Wine Tasting (*with advance reservation and BYOW*)
- Shopping in downtown Occoquan (*transportation available*)

Sign up for pickup/return times during registration

1:00pm Golf at Osprey's at Belmont Bay (*with advance reservation*)

Within walking distance of marina

6:00pm Awesome Aussie Barbie and ShrimpFest (*beer and wine for purchase*)

7:00pm Music and Dancing (*our Aussie friends call it A Rip Snorter!*)

Sunday:

8:00am – 10:00am Omelets and Waffle Breakfast, Bloody Mary and Mimosa Bar @ Pavilion

10:00am – 2:00pm Activities and Mini-Olympic Games

- Nature Walk / Guided Tour in Wildlife Preserve
- Shopping in downtown Occoquan

Sign up for pickup/return times during registration

- Send Summer Down Under Mini-Olympic Games

2:00pm – 8:00pm Dinner in Occoquan at choice of restaurants (*transportation available*)

Personal expense not included in event fees

Sign up for pickup/return times during registration

Monday:

8:00am – 10:00am Continental Breakfast, Bloody Mary Bar, and Mimosa Makings @ Pavilion

Operations:

Ø Vessels may arrive on Friday, October 11th after 12:00 PM to get slip assignments. When approaching the Marina, hail Belmont Bay Harbor Marina on Channel 16 to obtain a working channel. You will be provided a slip assignment, and dockhands will meet you at your assigned slip to assist with docking.

Questions?

Ø Contact the OYC Vice Commodore, Don Bennett @ vicecommodore@occoquanyachtclub.org

Ø For questions regarding the Marina, visit the Marina Office, or contact the Marina Harbor Master, Jim Brooks @ bbharbor@comcast.net or 703-490-5088

NEW! REGISTRATION DEADLINE: October 5, 2013



End of Summer – Send Summer Down Under

October 11 - 14, 2013
Belmont Bay Harbor Marina
Registration Form
(one per boat)

CAPTAIN'S NAME: _____ YACHT CLUB: _____
E-MAIL ADDRESS: _____ PHONE: _____
MAILING ADDRESS: _____
NAMES OF OTHERS IN PARTY: _____
ARRIVAL DATE/TIME: _____ DEPARTURE DATE/TIME: _____

BOAT INFORMATION / SLIP FEES:

BOAT NAME: _____
BEAM: _____ LENGTH: _____ POWER (circle one): 30AMP-\$5.00/Day/Plug. 50AMP - \$10.00/Day
SLIP FEES: \$2.00 x _____ + _____ = subtotal \$ _____ x _____ = **SUBTOTAL: \$** _____
(LOA) (Power Cost) (# of Nights)

REGISTRATION FEES:

Number of People Ages 10+: _____ x \$65 = \$ _____ **SUBTOTAL: \$** _____
Number of Children Under 10: _____ x FREE = **** FREE ****
Includes Friday and Saturday dinner and Saturday entertainment
Includes Saturday (continental), Sunday (catered) and Monday (continental) breakfast

EVENTS REGISTRATION:

Free Activities (circle and indicate choice of day): **FREE**
No Drama Docking – Saturday only
Nature Walk / Guided Tour in Wildlife Preserve – Saturday or Sunday
Transportation Available – please indicate your day/time preference: _____
Occoquan Shopping – Saturday or Sunday
Transportation Available – please indicate your day/time preference: _____
Send Summer Down Under Mini-Olympic Games – Sunday only

Special Activities:

Lunch/Dinner in Occoquan at Boat Owners' personal expense – Sunday only
Transportation Available – please indicate your time preference: _____
Painting Lessons and Wine Tasting (Bring Your Own Wine): No. of People x \$50 = \$ _____
Golf at Osprey at Belmont Bay (within walking distance): No. of People x \$50 = \$ _____
SUBTOTAL: \$ _____

TOTAL COST: \$ _____

Mail registration form and check, made payable to Occoquan Yacht Club, to:
259 Bridgewater Circle, Fredericksburg, VA 22406
Email: vicecommodore@occoquanyachtclub.org

NEW! REGISTRATION DEADLINE: October 5, 2013